

## M Health Genetic Counseling Shadowing and Informational Interviews

Thank you for your interest in genetic counseling. M Health Fairview is a large hospital/clinic system serving the larger Minnesota area. We have a robust genetics and metabolism service, as well as multiple specializing genetic counselors working directly with other specialties. We offer in-person shadowing or informational interviews with a genetic counselor. Due to the large volume of requests, we typically cannot accommodate more than 1 day of shadowing.

### I am interested in (choose one):

- Shadowing (in-person only)\*
- Informational interview
  - Virtual
  - In-person

*\*If you are interested in shadowing, please complete the required process on page 3.*

### Genetic Counseling Specialties

We have genetic counselors specializing in multiple areas. If you are interested in a specific shadowing experience/informational interview, please check the corresponding boxes below. If you do not have a preference, leave boxes unchecked. Due to limited availability, we cannot guarantee matching to requested specialty.

- General genetics
- Metabolism
- Pediatric Neurology
- Adult Neurology
- Lysosomal storage disorders
- Ophthalmology
- Hearing loss
- Pediatric Cardiology
- Vascular lesions
- Neurofibromatosis
- Disorders of Sex Development
- Down syndrome
- Cystic fibrosis
- Pancreatitis
- Skeletal Dysplasia
- Other: \_\_\_\_\_

**In-Person Location:** Our office space is in the Corporate Services Building at M Health Fairview (7<sup>th</sup> floor, 601 25<sup>th</sup> ave. south, Minneapolis, MN). The clinics are all walkable from our office. Please verify clinic location with the genetic counselor you will be shadowing.

- Explorer Clinic (East building, 12<sup>th</sup> floor, 2450 Riverside Ave, Minneapolis, MN)
- Journey Clinic (East building, 9<sup>th</sup> floor, 2450 Riverside Ave, Minneapolis, MN)
- Discovery Clinic (3<sup>rd</sup> floor, 2512 South 7<sup>th</sup> Street, Minneapolis, MN)

**Parking:** for Riverside clinics (Explorer, Discovery, and Journey), there is street and ramps parking (paid). There is a \$6 per day rate at West Bank Parking Lot #94 (1/2, 514 22nd Ave S, Minneapolis, MN 55454).

**Tips for clinic**

- Space in clinic is limited, a computer will not be available for your use. Please bring any items you will need for the day (i.e. notebook, lunch, water bottle).
- Attire is business casual; wear closed-toe shoes comfortable for periods of standing.
- The utmost degree of professionalism is required; please do not interject during clinic visits.
- If you have cold/flu symptoms, stay home, and contact us. You may need to wear a mask in clinic.
- You must be vaccinated (see page 3). If you have a recent exposure, please contact us and we will inform you of the current guidelines. We work with a high-risk patient population.
- Please arrive to clinic at least 15 minutes before the first scheduled patient unless otherwise discussed.
- Be flexible; clinic is often fluid and can sometimes take longer than expected. We recommend you do not schedule meetings/appointments directly following a clinic.

**Goals**

Please provide two goals/objectives that you would like to address through shadowing or interview.

1. \_\_\_\_\_
2. \_\_\_\_\_

**Previous Informational Interview and Shadowing Experience:**

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**Availability**

We have opportunities for shadowing and interviews Monday to Friday, excluding holidays. Due to limited availability, we may not be able to accommodate all schedules. **Times I CANNOT accommodate include:**

- |                                    |                                     |                                       |                                      |                                    |
|------------------------------------|-------------------------------------|---------------------------------------|--------------------------------------|------------------------------------|
| <input type="checkbox"/> Monday AM | <input type="checkbox"/> Tuesday AM | <input type="checkbox"/> Wednesday AM | <input type="checkbox"/> Thursday AM | <input type="checkbox"/> Friday AM |
| <input type="checkbox"/> Monday PM | <input type="checkbox"/> Tuesday PM | <input type="checkbox"/> Wednesday PM | <input type="checkbox"/> Thursday PM | <input type="checkbox"/> Friday PM |

**If you are interested in shadowing, please complete the Genetic Counseling Shadowing Process on page 3. Once this form AND shadowing is approved (steps 1 through 6), please email this form back to us.**

**If you are interested in an informational interview, please email this completed form to us. The shadowing application on page 3 is not required for informational interviews.**

## Genetic Counseling Shadowing Process

### Observation Process

*Includes students, career exploration, active employees \*excludes physician observers and vendor observations\**

Before filling out an application, please make sure to have all of the following immunizations up to date. Employees are also required to provide proof of immunizations.

#### Proof of immunization records required:

- MMR (measles, mumps and rubella): Documentation of 2 vaccinations is required. Or documentation of positive immunity titers.
- Varicella (chickenpox): Documentation of 2 vaccinations is required. Or documentation of positive immunity titers.
- Tuberculosis screening: Observers must have a negative 2 step Tuberculosis Skin Test (TST or Mantoux) test or negative blood assay M. tuberculosis (BAMT) in their medical history with annual negative TST or BAMT. Observers with a positive TST test must have a negative chest x-ray test within the 12 months prior to the observation and negative annual tuberculosis symptom survey.
- Hepatitis B Vaccination Series: A 3 shot Hepatitis B vaccination series is required for observers who may have contact with blood or other potentially infectious material. Or the observers must document their decision to decline to be vaccinated against Hepatitis B.
- Pertussis (t-dap): One-time vaccination  $\geq$  13 years of age for observers in a facility where patient care is provided.
- Annual Flu Shots (influenza): Annual flu shots are required during flu vaccination season Oct 1-Mar 31.
- COVID-19 Vaccine: Documentation of any of the varied COVID-19 vaccines available

#### Process

1. Send a request with a brief description of the observation experience to [students@fairview.org](mailto:students@fairview.org) including:
  - a. Date range (starting 1 month from application date and ending 2 months from application date)
  - b. total hours (4-8)
  - c. location (Explorer Clinic; East building, 12th floor, 2450 Riverside Ave, Minneapolis, MN)
  - d. designated preceptor (genetic counselor you contacted)
2. Once the Medical Education team has confirmed they approve of the observation with the preceptor, someone from the team will reach back out with a link to apply for the observation
3. The student will create a profile first, then apply for the observation using link provided  
*Important: Be sure to list the start date to be at least 1 month from the submission date*
4. Immunization records will need to be uploaded to the application and will need to be verified by the Medical Education team before the student is able to submit the application
5. Once the student is able to submit the application, they will then receive an email stating it is accepted
6. After the application is accepted, the student will coordinate hours with the preceptor or coordinator of the observation. Preceptors/hosts can use the email stating the student is compliant as a green pass for the observation

**Identification**

- Observers will not be issued a badge. They will need to use their ID from their parent organization for identification.
- Observers will need to meet with the host or staff person at the door after screening at the entrance

**Hours**

High school, undergraduate, and career exploration observers are limited to 24 hours per experience. Experiences are separated by preceptor, location, and department. Observers will need to reapply if they would like another experience. Graduate students may observe over 24 hours and this will be granted case by case. Observations are to not be used to fulfill academic credit.

**Help:**

Clinician Nexus Guide <https://intercom.help/cliniciannexus-c1e865f2cc5d/en/articles/5436186-pre-approved-job-shadows-and-observations>